

Military Women In Need



RESOURCE MANUAL For Military Family Affiliates & Elders 2007

LOS ANGELES AND ORANGE COUNTIES

Sponsored by The American Legion, Hollywood Post 43

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A listing in the directory does not constitute an endorsement or certification of a program's services, nor is any exclusion intentional.

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LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - ALTERNATIVE SENIOR LIVING ARRANGEMENT

Alternative Living for the Aging

937 N. Fairfax Avenue, West Hollywood, California 90046

323-650-7988 (M-F 9am-5pm)

<http://www.alternativeliving.org>

Alternative Living

AREA SERVED:

Los Angeles County

DESCRIPTION:

Alternative Living for the Aging's mission is to provide safe, affordable housing alternatives for low-income older people -- alternatives to living alone and to institutionalization. They have counseled over 24,803 people and have facilitated matching over 7,734 through their free Pre-interviewed Housemate Matching Program, which assists seniors in matching with other seniors, mid-age, or younger people (sometimes college students) to share housing. These housemates might assist seniors with household responsibilities in exchange for reduced rent, typically in the seniors' own apartments, condos, or houses. They also operate five attractive Cooperative Apartment Communities, where rents start at \$430 per month including utilities in the Beverly/Fairfax area of Los Angeles, West Hollywood, and Santa Monica.

ELIGIBILITY:

Must be 62 years old or over.

LANGUAGES SPOKEN:

English

SERVICES PROVIDED:

- 1) **A Free Pre-interviewed Housemate Matching Program**
- 2) **Cooperative Apartment Communities**

The Free Pre-interviewed Housemate Matching Program: This model program for the aging - facilitates matching older people with others interested in sharing their house, condo, or apartment. This allows seniors to stay in their own homes, but have a little companionship, financial help and/or physical help with everyday chores like shopping and cooking.

Cooperative Apartment Communities: In ALA's Courtyard Apartments, seniors enjoy the privacy of their own apartments and take comfort in the fact that they live in a supportive environment where they can count on those living around them.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - ASSISTANCE IN LIVING INDEPENDENTLY

Westside Center for Independent Living (WCIL)

12901 Venice Boulevard, West Los Angeles CA. 90066

310-390-3611

<http://www.wcil.org/>

Independent Living

AREA SERVED:

Los Angeles County

DESCRIPTION:

Centers for Independent Living are non-residential, public-benefit corporations to enable people with disabilities and seniors in the Los Angeles community to live more independent, self supporting, and satisfying lives. The Centers achieve this goal by providing a wide range of services, including benefits and housing advocacy, peer counseling, personal assistance services, independent living skills training, job training and placement, and information and referral.

ELIGIBILITY:

People with disabilities

LANGUAGES SPOKEN:

English, French, German, Italian, Polish, Portuguese, Spanish, American Sign

SERVICES:

Benefits and housing advocacy, peer counseling, personal assistance services, independent living skills training, job training and placement, and information and referral.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - ASSISTANCE IN LIVING INDEPENDENTLY

Community Rehabilitation Services (CRS)

4716 Cesar E. Chavez Ave. Bldg B Room 75, Los Angeles CA. 90022

323-266-0453

www.cfilc.org

Independent Housing

AREA SERVED:

Los Angeles County

DESCRIPTION:

Community Rehabilitation Services, Inc. (CRS) is a private, non-profit agency established in 1974 to assist persons with disabilities within the East/North east areas of Los Angeles County to enhance their options for living independently.

ELIGIBILITY:

People with disabilities

LANGUAGES SPOKEN:

English, French, German, Italian, Polish, Mandarin, Spanish, American Sign

SERVICES:

Assist persons with disabilities within the East/North east areas of Los Angeles County to enhance their options for living independently.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - ASSISTANCE IN LIVING INDEPENDENTLY

Los Angeles County Metro IHSS

2707 S. GRAND AVE., LOS ANGELES, CA 90007

213-744-3561

In-Home Supportive Services (IHSS)

DESCRIPTION:

The In-Home Supportive Services (IHSS) Program helps pay for services provided to eligible persons who are 65 years of age or over, legally blind, or disabled adults and children, so they can remain safely in their own homes.

ELIGIBILITY:

65 years of age or over, or legally blind, or disabled adults and children

FEES:

Free Service.

LANGUAGES SPOKEN:

Spanish, English. Use county translators or other resources for additional language needs.

APPLICATION PROCESS:

IHSS consumers can call the Public Authority directly or be referred by a social worker. Care providers can call the Public Authority directly.

LEGAL STATUS:

Public Entity.

SERVICES:

IHSS

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - DAYCARE

WISE Senior Services Adult Day Support Center

933 S. Hoover St., Los Angeles, CA 90006

(213) 368-0118

Adult Day Care

AREA SERVED:

Los Angeles, Santa Monica

DESCRIPTION:

Adult day care serves frail, memory-impaired, and/or socially isolated individuals 60 and older.

Olive Stone Program provides a full range of recreational and therapeutic activities for older adults with memory loss or mobility impairment because of stroke or Parkinson's disease.

FEES:

Olive Stone and WISE Care program fees are based on a sliding scale, based on ability to pay.

Compañeros classes and activities are free.

SERVICES:

The WISE Care Program provides art therapy, memory games, exercise, music, and entertainment for older adults with Alzheimer's disease or serious impairments because of stroke or Parkinson's disease.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - DAYCARE

OPICA Adult Day Services

1759 Missouri Ave., Los Angeles, CA 90025

(310) 478-0226

www.opica.org

Adult Day Care

AREA SERVED:

Los Angeles

DESCRIPTION:

Day care for memory-impaired seniors with Alzheimer's, Parkinson's, and other types of dementia, who are continent, and not harmful to themselves or others.

FEES:

Sliding scale

SERVICE HOURS:

Hours are 9 a.m. to 3 p.m. Monday through Saturday. Lunch, morning and afternoon snacks provided.

SERVICES:

Activities provided to stimulate include daily exercise and reality orientation (current events); speech, music, and art therapy; arts and crafts; singing and dancing to music; celebrating birthdays, holidays; memory training. Support groups for families of people with memory loss.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - DAYCARE

Didi Hirsch Community Mental Health Center

4760 S. Sepulveda Blvd., Culver City 90230-4888

Information: (310) 390-6612

Emergency Services: (310) 390-8896

Intake: (310) 751-5377

Fax: (310) 398-5690

www.DIDIHIRSCH.org

Adult Day Care

AREA SERVED:

Los Angeles County

DESCRIPTION:

Multiservice agency with a full range of mental health, crisis intervention, suicide prevention, and substance abuse programs. Older Adult Services Program (Venice, Marina del Rey, Culver City, Mar Vista, Ladera Heights) helps seniors age 60 and over and their families or SERVICE PROVIDERS cope with age-related issues.

FEES:

Accepts private insurance, Medicare, and Medi-Cal.

SERVICES:

Individual and group therapy, case management, in-home therapy for the frail or homebound, day care for adults with impaired memory (including Alzheimer's), and support groups for SERVICE PROVIDERS of adults with impaired memory.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - DAILY LIVING ASSISTANCE

Home Instead Senior Care

5500 E. Atherton Street, Suite 216, Long Beach, CA 90815

Office: 516-596-4884

Fax: 516-596-7334

www.homeinstead.com/275

Daily Living Assistance

AREA SERVED:

Los Angeles County & Orange County

DESCRIPTION:

Home Instead CAREGivers help older adults with everyday tasks that allow them to live independently, no matter where they call home. From a few hours-a-day, up to 24hours - seven days-a-week, including weekends and holidays.

ELIGIBILITY:

(Under the VA's AID & Attendance benefit, applying to Veterans and their surviving spouses, which uses an acquired pension to pay for home care services); applicant must have no more than \$60,000 in liquid assets, meet low-income guidelines, and be limited by a medical circumstance which requires someone else to provide non-medical in-home services, for non-service connected disabilities; also must have served 90 days active duty in the military, with at least one day beginning or ending during a period of wartime;

FEES:

Services are paid for under the VA's AID & Attendance benefit, applying to Veterans and their surviving spouses, which uses an acquired pension to pay for home care services. Pension covers up to 60 hours of care each month for a Veteran with spouse, 50 hours of care each month for a single Veteran, and 30 hours of care each month for a Veteran's surviving spouse.

SERVICE HOURS:

Office Hours, 9am-5pm; Service Hours for senior care, 24 hours a day;

English, Spanish

SERVICES:

- Meal Preparation
- Medication Reminders
- Laundry
- Light Housekeeping
- Escort for Shopping and Errands
- Respite Care

These services are offered through an independently owned and operated franchise office with a staff and CAREGivers who are responsive to your needs and engaged in our community. The services are designed for practically any living arrangement where an older adult simply needs human interaction and help with day-to-day activities.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - DAILY LIVING ASSISTANCE

Aid and Attendance Benefit

Department of Veterans Affairs

1-800-827-1000

www.vabenefits.vba.gov/vonapp/main.asp or www.va.gov

Daily Living Assistance

Area Served:

United States

Description:

The Veterans' Administration offers a Special Pension with Aid and Attendance (A&A) benefit that is largely unknown. This Special Pension allows for Veterans and surviving spouses who require the regular attendance of another person to assist in eating, bathing, dressing, undressing or taking care of the needs of nature to receive additional monetary benefits. It also includes individuals who are blind or a patient in a nursing home because of mental or physical incapacity. Assisted care in an assisted living facility also qualifies. This is a "pension benefit" and is not dependent upon service-related injuries for compensation. Most Veterans who are in need of assistance qualify for this pension. Aid and Attendance can help pay for care in the home, nursing home or assisted living facility. A Veteran is eligible for up to \$1,519 per month, while a surviving spouse is eligible for up to \$976 per month. A couple is eligible for up to \$1,801 per month.

ELIGIBILITY:

Applicants for the Aid & Attendance Special Pension will need the following documents:

- Discharge/Separation Papers (DD-214). If you need to request military records, you can visit <http://www.archives.gov/st-louis/military-personnel/standard-form-180.html>. Full instructions on how to request military records is listed on that site.
- Copy of Marriage Certificate and all marital information (surviving spouses only).
- Copy of the Death Certificate (surviving spouses only).

- Copy of current Social Security Award Letter (the letter that Social Security send at the beginning of the year stating what your monthly amount will be for the following year).
- Net Worth information, including bank accounts, CDs, Trusts, Stocks, Bonds, Annuities, etc.
- Proof of all income from pensions, retirement, interest income from investments, annuities, etc.
- If you are a court-appointed guardian of the Veteran or surviving spouse, a certified copy of the court order of the appointment is required.
- Proof of insurance premiums, medications, medical bills or any other medical expenses that are not reimbursed by insurance, Medicare, or Medicaid.
- Physician statement that includes current diagnosis, medical status, prognosis, name and address, ability to care for self, ability to travel unattended, etc.
- Banking information for Direct Deposit of A&A monthly payments (include a voided check).
- Employment history (does not apply if you are over 65).
- List of all doctors and hospitals visited in the last year.

Generally, to qualify for this tax free monthly pension from the VA , the Veteran must have served in the military during a period of war, had an honorable discharge, and assets cannot be in excess of \$80,000 (for a couple).

SERVICES:

Assistance in eating, bathing, dressing, undressing or taking care of the needs of nature; (It also includes individuals who are blind or a patient in a nursing home because of mental or physical incapacity. Assisted care in an assisted living facility also qualifies).

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - EXERCISE

Culver City Senior Center

4153 Overland Ave., Culver City 90230

(310) 253-6700 • TDD: (310) 253-6735

Fax: (310) 253-6711

Exercise

AREA SERVED:

West Los Angeles, Culver City

DESCRIPTION:

Multipurpose focal point for the Westside. Free or low-cost classes and activities in a variety of fields. Movies twice a week. Planned outings include overnight and day trips (for Center members only). Help with Medicare, Medi-Cal, homeowners' rebates, and income tax matters. Loss support and peer support groups. Senior nutrition program includes on-site lunches and home delivered meals. Transportation to Center provided to Culver City residents within 2-mile radius.

SERVICE HOURS:

Hours are 9 a.m. to 5 p.m. Monday through Friday. Recreational activities for members also scheduled from Noon until 4 p.m. on Saturdays and Sundays (call for information). Lunch served Monday through Friday at 11:30 a.m.

FEES:

Membership \$10 a year. Lunch (weekdays only, membership not required), \$1.75 donation.

Home-delivered meal (weekdays only), \$1.75 donation.

SERVICE:

Free or low-cost classes and activities in a variety of fields.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - EXERCISE

Felicia Mahood

Senior Multipurpose Center

11338 Santa Monica Blvd., Los Angeles 90025

(310) 479-4119 • (310) 231-9228 (Social Services)

(310) 231-9139 (Nutrition Information);(310) 231-0369 (Transportation)

Fax: (310) 231-0160

Exercise

AREA SERVED:

Los Angeles County

DESCRIPTION:

Free or low-cost classes on various topics, social and recreational activities, snack bar with sandwiches, and hot lunches for individuals age 60 and over. Occasional overnight and day trips. Also offers assisted transportation, Friendly Visitor program, blood pressure testing, case management, and information and referral services. Legal consultation and Medicare counseling available by appointment.

FEE:

Senior Club membership, \$6 per year. Hot meals, \$1.25 suggested donation.

SERVICE HOURS:

Office hours are 8:30 a.m. to 4:30 p.m. Monday through Friday. Hot lunch served Monday through Friday at 11:45 a.m. Sign-up begins at 10 a.m.

SERVICE:

Free or low-cost classes on various topics, social and recreational activities, snack bar with sandwiches, and hot lunches for individuals age 60 and over.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - EXERCISE

Santa Monica Senior Recreation Center

1450 Ocean Ave., Santa Monica 90401

(310) 458-8644 • Fax: (310) 917-6637

Exercise

AREA SERVED:

Santa Monica, Los Angeles

DESCRIPTION:

Offers adults age 50 and over a variety of cultural programs, classes (including Emeritus College classes), arts and crafts, guest lectures, and films. Ballroom dances, parties, day and overnight outings. Games include bridge, chess, pool, Scrabble, and more.

FEE:

Activity card providing discounts on many center activities available for \$3/person for Santa Monica residents, \$16 for others, per calendar year. \$1.50 suggested donation for lunch.

SERVICE HOURS:

Open from 9 a.m. to 4 p.m. Monday through Friday, 11 a.m. to 4 p.m. Saturday and Sunday. Lunch sign-up starts at 10:45 a.m., 24 hours in advance. Lunch served at Noon Monday through Friday, 11 a.m. to Noon on Saturday.

SERVICES:

Offers adults age 50 and over a variety of cultural programs, classes (including Emeritus College classes), arts and crafts, guest lectures, and films.

LOS ANGELES SERVICES

SERVICE PROVIDERS - LEGAL/BENEFITS ASSISTANCE

California Department Of Veterans Affairs

1227 O Street, Sacramento, CA 95814

1 (800) 952-5626

<http://www.cdva.ca.gov>

Benefits Assistance

AREA SERVED:

Los Angeles County

DESCRIPTION:

To confer and administer the benefits provided by a grateful State of California to its deserving Veterans and their dependents. More specifically, to provide California Veterans and their families with aid and assistance in presenting their claims for Veterans' benefits under the laws of the United States; to provide them with beneficial opportunities through direct low-cost loans to acquire farms and homes; and to provide the state's aged or disabled Veterans with rehabilitative, residential, and medical care and services in a home-like environment at the California Veterans Homes.

ELIGIBILITY:

California Veterans and their families.

LANGUAGES SPOKEN:

English

SERVICES:

To confer and administer the benefits provided by a grateful State of California to its deserving Veterans and their dependents.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - LEGAL/BENEFITS ASSISTANCE

Department Of Military and Veteran's Affairs

1816 South Figueroa Street, Los Angeles, CA 90015

(213) 744-4827

<http://dmva.co.la.ca.us/>

Benefits Assistance

AREA SERVED:

Los Angeles County

DESCRIPTION:

Interview and counsel clients on the availability of Veteran's benefits and services. Develop, file, monitor and appeal claims on behalf of clients. Verification of Veterans benefits for Federal, State and local agencies. Process applications for California Dependents Educational Fee Waivers for dependents of service disabled / deceased Veterans. Participate in community events pertaining to Veterans, i.e. care days, stand downs, job fairs, etc.

ELIGIBILITY:

Dependents of service disabled / deceased Veterans, service connected disabled Veterans, non-service connected disabled Veterans, surviving spouse and children

LANGUAGES SPOKEN:

English

SERVICES:

The County of Los Angeles maintains a permanent outreach to Veterans and dependents through the Veterans Services Division. Professionally trained and accredited Veterans benefits counselors are available to assist with every type of benefit provided by the US Department of Veterans Affairs. Home calls may be made to assist elderly or handicapped persons. The service is free of charge.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - LEGAL/BENEFITS ASSISTANCE

Bet Tzedek Legal Services

145 S. Fairfax Ave., Suite 200, Los Angeles 90036

(323) 939-0506 • Fax: (323) 939-1040

www.bettzedek.org

Legal Aid

AREA SERVED:

Los Angeles

DESCRIPTION:

Free legal service for low-income seniors. Landlord-tenant disputes, wills, Holocaust Reparation, guardianship and conservancy, Chapter 7 bankruptcy, nursing home problems, home equity fraud, long-term care issues, and disability benefits appeals. Services available in English, Spanish, and Russian. Services by appointment only. Attorneys and paralegals will also arrange to see clients at many L.A.-area senior centers. Does NOT handle divorce, child custody, accident, immigration, criminal law issues, or fee-generating cases.

ELIGIBILITY:

Low income seniors

FEES:

Free

LANGUAGES SPOKEN:

English, Spanish, and Russian

SERVICES:

Landlord-tenant disputes, wills, Holocaust Reparation, guardianship and conservancy, Chapter 7 bankruptcy, nursing home problems, home equity fraud, long-term care issues, and disability benefits appeals.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - LEGAL/BENEFITS ASSISTANCE

Center for Health Care Rights

Los Angeles County Health Insurance Counseling & Advocacy Program (HICAP)

520 S. Lafayette Park Pl., Suite 214, Los Angeles 90057

(213) 383-4519 • (800) 824-0780

Fax: (213) 383-4598

www.healthcarerights.org

Legal Aid

AREA SERVED:

Los Angeles

DESCRIPTION:

Agency provides legal assistance with Medicare and other health programs to Medicare beneficiaries and families in Los Angeles County. Also makes presentations throughout the county on a number of health-related issues.

FEES:

Free

SERVICE HOURS:

Hours are 9 a.m. to 5 p.m. Monday through Friday. Intake and telephone counseling 9 a.m. to 4 p.m. Volunteers (always needed) are trained to provide counseling on Medicare, health insurance, managed care.

SERVICES:

Legal assistance

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - LEGAL/BENEFITS ASSISTANCE

Legal Aid Foundation of Los Angeles

1102 S. Crenshaw, Los Angeles 90019

(800) 399-4529 (Toll-Free)

(213) 640-3881 • (323) 801-7991

Fax: (323) 801-7945

Legal Aid

AREA SERVED:

Los Angeles

DESCRIPTION:

Offers free consultation services to low-income individuals with non-criminal legal problems involving housing, welfare, immigration, employment, consumer protection, and some family law.

FEES:

Free

LANGUAGES SPOKEN:

English and Spanish

SERVICE HOURS:

Hours are 9 a.m. to 1 p.m. and 2 p.m. to 5 p.m. Monday through Friday

SERVICES:

Legal Aid

LOS ANGELES COUNTY SERVICES

HOUSING PROVIDERS - HOUSING

Villages at Cabrillo

2001 River Avenue, Building 28, Long Beach, CA 90806

(562) 388-8000

<http://www.long-beach.med.va.gov/Facilities/cabrillo.cfm>

Transitional Housing

AREA SERVED:

Los Angeles County

DESCRIPTION:

The Villages at Cabrillo is a unique residential community offering transitional housing for Veterans, families, and youth. This 26 acre facility is administered by the United States Veterans Initiative.

ELIGIBILITY:

Veterans, families, and youth

LANGUAGES SPOKEN:

English

SERVICES:

- 160 bed Transitional Housing for Veterans
- 50 bed "Veterans in Progress" job re-entry program
- 20 bed shelter + Care Housing (senior and handicap accessible housing for Veterans)
- All programs offer food, supportive services and employment assistance to Veterans

LOS ANGELES COUNTY SERVICES

HOUSING PROVIDERS - HOUSING

New Directions

11303 Wilshire Blvd., VA Bldg. 116, Los Angeles, CA 90073-1003

Tel (310) 914-4045

Fax (310) 914-5495

<http://www.newdirectionsinc.org>

Housing

AREA SERVED:

Los Angeles County

DESCRIPTION:

New Directions, Inc., a long-term drug and alcohol treatment program, provides food, shelter and rehabilitation to homeless Veterans at four locations.

ELIGIBILITY:

Low Income

LANGUAGES SPOKEN:

English

SERVICES:

In addition to drug abstinence, New Directions promotes elimination of anti-social, criminal behavior, development of employable skills, and acquisition of positive values and behaviors. Residents leave with money, jobs, permanent housing, computers skills, and a new way of sober living to help them for the rest of their lives.

LOS ANGELES COUNTY SERVICES

HOUSING PROVIDERS- HOUSING

Century Housing

1000 Corporate Pointe, Suite 200, Culver City, CA 90230

(310) 258-0700

<http://www.centuryhousing.org>

Housing

AREA SERVED:

Los Angeles County

DESCRIPTION:

As a leading provider and financier of affordable housing in the greater metropolitan Los Angeles area, we at Century realize that the need for affordable housing has reached crisis proportions.

ELIGIBILITY:

Low Income

LANGUAGES SPOKEN:

English

SERVICES:

At Century, we help create affordable, quality, aesthetically pleasing housing—always enhanced by social services designed to assist residents, from toddlers to seniors, with their most critical needs. We believe that these More Than Shelter amenities turn a building into a home and a development into a community.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - MENTAL HEALTH SERVICES/COUNSELING

Jewish Family Service of Los Angeles

Santa Monica Regional Office:

(877) ASK 4 JFS (877 275-4537)(Toll-Free)

1424 4th St., Suite 303, Santa Monica 90401

(310) 393-0732 ext. 305 (Senior Services Program) • Fax: (310) 395-0434

www.jfsla.org

Mental Health Services/Counseling

AREA SERVED:

Santa Monica, Los Angeles

DESCRIPTION:

Outreach and case management services for older adults and their families in both Jewish and non-Jewish communities on the Westside. Support groups, including widow/widower support groups and senior "rap" groups on issues of aging, life problems. The Older Adults program provides information and referral, advocacy, outreach services, and in-home assessments to keep people in the least restrictive environment and prevent problems for frail elderly and those at risk.

FEES:

Fees: Moderate fees on sliding scale for services; no cost to individuals with low income.

SERVICE HOURS:

Office hours are 8:30 a.m. to 5 p.m. Monday through Thursday, 8:30 a.m. to 3:30 p.m. Friday.

SERVICES:

Support groups, including widow/widower support groups and senior "rap" groups on issues of aging, life problems.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - MENTAL HEALTH SERVICES/COUNSELING

Wellness Community - West LA

2716 Ocean Park Blvd., Suite 1040, Santa Monica 90405

(310) 314-2555 • Fax: (310) 314-7586

www.twc-wla.org

Counseling

AREA SERVED:

West Los Angeles

DESCRIPTION:

Support groups, workshops for cancer patients, family, and friends. Visualization and relaxation sessions, nutrition counseling, Tai Chi classes, social events.

SERVICE HOURS:

Newcomers meetings 7 p.m. to 9 p.m. on Tuesdays and 11 a.m. to 1 p.m. on Fridays.

Visualization and relaxation 6 p.m. to 7 p.m. on Wednesdays.

LANGUAGES SPOKEN:

English and Spanish

FEES:

All services free.

SERVICES:

Support groups, Counseling

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - MENTAL HEALTH SERVICES/COUNSELING

Didi Hirsch Community Mental Health Center

4760 S. Sepulveda Blvd., Culver City 90230-4888

Information: (310) 390-6612

Emergency Services: (310) 390-8896

Intake: (310) 751-5377

Fax: (310) 398-5690

www.DIDIHIRSCH.org

Mental Health Services/Counseling

AREA SERVICED:

Los Angeles County

DESCRIPTION:

Multiservice agency with a full range of mental health, crisis intervention, suicide prevention, and substance abuse programs. Older Adult Services Program (Venice, Marina del Rey, Culver City, Mar Vista, Ladera Heights) helps seniors age 60 and over and their families or SERVICE PROVIDERS cope with age-related issues. Individual and group therapy, case management, in-home therapy for the frail or homebound, day care for adults with impaired memory (including Alzheimer's), and support groups for SERVICE PROVIDERS of adults with impaired memory.

Operates Benjamin Rush Center, a walk-in clinic offering crisis intervention services, 4760 S. Sepulveda Blvd., Culver City, (310) 390-8896 (call first).

ELIGIBILITY:

Seniors age 60 and over

SERVICE HOURS:

Hours: 8:30 a.m. to 5 p.m. Monday through Friday.

FEES:

Accepts private insurance, Medicare, and Medi-Cal.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - MEDICAL CARE

Venice Family Clinic

604 Rose Ave., Venice 90291

(310) 392-8636 (Appointments)

(310) 392-8630 (Administration)

Fax: (310) 392-6642

www.VeniceFamilyClinic.org

Medical care

AREA SERVED:

Venice, Los Angeles

DESCRIPTION:

Full-service medical clinic for low-income, homeless, or uninsured individuals and their dependents. Information and services provided in English and Spanish.

LANGUAGES SPOKEN:

English and Spanish

SERVICE HOURS:

Special Note: Call for appointment 8 a.m. to 5 p.m. Monday through Thursday, 8 a.m. to 4 p.m. Friday. Clinic hours are 8:30 a.m. to 7 p.m. Monday through Thursday, 8:30 a.m. to 3 p.m. Friday, and 8:30 a.m. to 2 p.m. Saturday. For information on how to work as a clinic volunteer, please call (310) 392-8630.

FEES:

Free. Donations welcomed.

SERVICES:

Full service medical clinic

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - MEDICAL CARE

UCLA Health Care 50 Plus

Santa Monica/UCLA Medical Center, 1250 16th St., Santa Monica 90404

1250 16th St., Santa Monica 90404

(310) 319-4560 • (800) 516-5323

(800) 825-2631 (Physician Referral)

Fax: (310) 319-4810

www.healthcare.ucla.edu

Medical Care

AREA SERVED:

Los Angeles County Residents

DESCRIPTION:

Health education programs, including monthly lectures by UCLA and Santa Monica physicians, blood pressure and other health screenings, information and referral on community resources.

Co-sponsor of Santa Monica Strutters, a walking program for seniors at Santa Monica Place.

Publishes a directory (available for members of 50 Plus only) listing discounts on pharmacy, eyeglasses, and other health needs. Offers telephone referrals to physicians who will take Medicare assignments.

ELIGIBILITY:

For residents of L.A. County.

FEES:

Free

SERVICES:

Health education programs, including monthly lectures by UCLA and Santa Monica physicians, blood pressure and other health screenings, information and referral on community resources.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - MEDICAL CARE

Ken Edwards Center

1527 4th Street, Suite 200, Santa Monica 90401

(310) 576-2550 • Fax: (310) 576-2499

Medical Care

AREA SERVED:

Los Angeles

DESCRIPTION:

Health screening and health promotion programs for low-income, uninsured adults age 40 and over. Free clinics include breast and cervical cancer screening, medication management.

Monthly podiatry clinic and bimonthly UCLA Mobile Eye Clinic offered to adults age 45 and over.

LANGUAGES SPOKEN:

English and Spanish

SERVICE HOURS:

Hours are 9 a.m. to 5 p.m. Monday through Friday.

FEES:

Sliding scale (call for information). Donations welcomed.

SERVICES:

Health screenings and health promotion programs.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - OPTIONS FOR EMPLOYMENT OR INCOME

United Warrior Survivor Foundation

P.O. Box 181097, Coronado, CA 92178

(800) 804-UWSF(8973)

<http://www.frogfriends.com>

Housing

AREA SERVED:

Los Angeles County

DESCRIPTION:

We are a non-profit 501(c)(3) tax exempt corporation dedicated to the surviving spouses of Special Operations military personnel killed in the line of duty since 9/11. UWSF offers educational scholarship grants- not loans- to surviving spouses, along with educational counseling, financial guidance, investment planning, and other programs.(EIN# 81- 0567790) UWSF also provides emotional support through bereavement counseling, and support groups in each of the fifty states. Most importantly we are committed to pray for these women and their families on a daily basis.

ELIGIBILITY:

Low Income

LANGUAGES SPOKEN:

English

SERVICES:

The United Warrior Survivor Foundation (UWSF) is committed to the spouses surviving Special Operations personnel killed in the line of duty. UWSF provides much needed financial assistance, college scholarship grants, and educational counseling to the spouses, based on need, along with offering financial guidance and planning support.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - OPTIONS FOR EMPLOYMENT OR INCOME

Career Encores Workforce and Industry Center

3700 Wilshire Blvd., Suite 200, Los Angeles 90010

(213) 427-6600 • Fax: (213) 427-6605

(800) 833-6267 (Jobs Information Hotline)

Employment/Income Assistance

AREA SERVED:

Los Angeles County

DESCRIPTION:

Refers people age 40 and over to agencies offering job search assistance, on-the-job training, or job-related education. Matches callers' needs to services available in their area. Offers a job club to support individuals looking for work opportunities.

SERVICE HOURS:

Hours are 8 a.m. to 4:30 p.m. Monday through Thursday, 8 a.m. to 3 p.m. Friday. For information on North Hollywood location, call (818) 763-1600.

FEES:

Free

SERVICES:

Job search assistance referral

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - OPTIONS FOR EMPLOYMENT OR INCOME

National Council on the Aging

2500 Wilshire Blvd., #1111, Los Angeles 90057

(213) 365-0700 • Fax: (213) 365-0707

Employment/Income Assistance

AREA SERVED:

Los Angeles County

DESCRIPTION:

Offers training opportunities and places low-income individuals age 55 and over as on-the-job trainees in community service programs and nonprofit agencies.

SERVICE HOURS:

No walk-ins. Appointment required. Hours are 9 a.m. to 5 p.m. Monday through Friday.

FEES:

Free

SERVICES:

Training opportunities and placement

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - OPTIONS FOR EMPLOYMENT OR INCOME

Social Security Information Center

(800) 772-1213 (24-hour Automated Information)

TTY: (800) 325-0778 or (310) 235-7400 (local)

Westwood Office: 11000 Wilshire Blvd., Suite 10203, L.A. 90024

(310) 575-3697

Culver City Office: 3750 S. Robertson Blvd., Suite 104, Culver City 90232

(310) 204-3329

www.ssa.gov

Income and Benefits

AREA SERVED:

Los Angeles County

DESCRIPTION:

General information on obtaining a Social Security card, Social Security filing claims, payments, replacement of lost or stolen Social Security cards, Medicare cards, and Medicare replacement cards. Information available in English and Spanish.

LANGUAGES SPOKEN:

English and Spanish

SERVICE HOURS:

Services available on a walk-in basis 9 a.m. to 4 p.m. Monday through Friday. Operator and services available at toll-free (800) phone numbers 7 a.m. to 7 p.m. Monday through Friday.

Forms and electronic documents can be downloaded from Website.

FEES:

Free

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - SOCIALIZATION

Golden Agers Club/Salvation Army

1533 4th St., Santa Monica 90401

(310) 451-1358 • Fax: (310) 394-7398

Social Clubs

AREA SERVED:

Los Angeles

DESCRIPTION:

Social club for seniors 55 and over who meet for entertainment, occasional bingo, visits to restaurants, day trips, bake sales, and potluck dinners.

SERVICE HOURS:

Social lunch (bring your own) is held at Noon every Tuesday.

FEES:

Membership is \$3 a year

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - SOCIALIZATION

Home League/Salvation Army

1533 4th St., Santa Monica 90401

(310) 451-1358 • Fax: (310) 394-7398

Social Club

AREA SERVED:

Los Angeles

DESCRIPTION:

Contributing organization to Salvation Army makes handicrafts that are sold at annual bazaar to benefit programs supported by the Salvation Army.

SERVICE HOURS:

Meets every Thursday at 11:45 a.m. (bring a sack lunch). Call for schedule.

FEES:

Membership is \$3 a year.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - SOCIALIZATION

Felicia Mahood

Senior Multipurpose Center

11338 Santa Monica Blvd., Los Angeles 90025

(310) 479-4119 • (310) 231-9228 (Social Services)

(310) 231-9139 (Nutrition Information)

(310) 231-0369 (Transportation)

Fax: (310) 231-0160

Social Activities

AREA SERVED:

Los Angeles

DESCRIPTION:

Free or low-cost classes on various topics, social and recreational activities, snack bar with sandwiches, and hot lunches for individuals age 60 and over. Occasional overnight and day trips. Also offers assisted transportation, Friendly Visitor program, blood pressure testing, case management, and information and referral services. Legal consultation and Medicare counseling available by appointment.

SERVICE HOURS:

Office hours are 8:30 a.m. to 4:30 p.m. Monday through Friday. Hot lunch served Monday through Friday at 11:45 a.m. Sign-up begins at 10 a.m.

FEES:

Senior Club membership, \$6 per year. Hot meals, \$1.25 suggested donation.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - SHELTER FOR WOMEN

Arise & Shine Haven

3858 2nd Ave, Los Angeles, CA 90008

Office # 323-298-1933

Director: Linda Miles-Celistan

Mobile # 310-895-0209

Shelter for Women

AREA SERVED:

Los Angeles County

DESCRIPTION:

Arise & Shine Haven is a non-profit organization that has been providing shelter to homeless women and children since June 2005. Arise and Shine Haven also provides assistance to mothers to help them overcome drug and alcohol addictions, while assisting them in obtaining employment, education, childcare, parenting classes and much more. Their mission is to provide homeless women and children with hope and other resources necessary to rise above their present circumstances and challenges. Their mission is to also motivate clients to become productive, self-reliant, and independent members of the community.

ELIGIBILITY:

Homeless woman with child (some exceptions are made for women without children over 60 years of age); must have some sort of income;

FEES:

Living fee is on a sliding scale, based on income;

LANGUAGES SPOKEN:

English, Spanish

SERVICES:

Shelter; provides assistance to mothers to help them overcome drug and alcohol addictions, while assisting them in obtaining employment, education, childcare, parenting classes, etc.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - BASIC NECESSITIES

MEND-Meet Each Need With Dignity

13460 Van Nuys Blvd., Pacoima, CA 91331

Tel: (818) 897-2443 or (818) 896-0246

Fax: (818) 897-5642

<http://www.mendpoverty.org>

Basic Living Necessities

AREA SERVED:

Los Angeles County

DESCRIPTION:

MEND's Mission, as a volunteer-driven organization, is to provide services that meet the basic human needs of individuals who reside in the northeast San Fernando Valley. These services are provided in a manner that safeguards the dignity of all recipients while promoting self-reliance. More than 90% of the support and donations received by MEND, now the largest poverty agency in the Valley, provides emergency food, clothing, medical, vision and dental care, job skills training and job placement assistance, English as a Second Language classes, youth activities, and a Christmas program.

ELIGIBILITY:

All recipients of MEND services must have household incomes at or below the federal poverty guidelines (state guidelines for food). Also, clients must live in the MEND service area, which is: Pacoima, Arleta, Sylmar, Lake View Terrace, San Fernando, North Hills, Mission Hills.

LANGUAGES SPOKEN:

English, Spanish

SERVICES:

Clothing Center; Computer Lab; Emergency Food; English As A Second Language Classes; Employment Support Service; Medical and Dental Service; Home Visiting; Job Skills Training Program; Food Service; Training Program; Sewing Program; Sewing Training Program;

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - BASIC NECESSITIES FOR HOMELESS

OPCC Access Center

1616 7th Street, Santa Monica, CA 90401

(310) 450-4050

<http://www.opcc.net>

Basic Living Necessities

AREA SERVED:

Los Angeles County

DESCRIPTION:

OPCC (Ocean Park Community Center) is the largest and most comprehensive provider of services on the Westside of Los Angeles to low income and homeless youth, adults and families, battered women and their children, and people living with mental illness. OPCC not only provides services, but also provides housing, with 227 emergency and transitional beds in six facilities and over 150 individuals living in apartments throughout the region with vouchers obtained by OPCC. Services are provided to 8,000 people annually.

Rooted in a commitment to those disenfranchised in our community, OPCC has grown from an initial single, day center into a complete continuum of care for homeless individuals and victims of domestic violence, comprising emergency, transitional, and permanent housing and supportive services, including mental and medical health programs, food, counseling, peer support, and in-depth preparation for independent living. OPCC's work is about meeting people where they're at, and helping them decide where they want to be. The agency provides the resources and support for its clients to make informed choices about their lives, empowering people to rebuild their lives and become independent and self-sufficient.

ELIGIBILITY:

Low income and homeless youth, adults and families, battered women and their children, and people living with mental illness

SERVICE HOURS:

Monday-Friday 9am-noon, and 1pm-5pm

LANGUAGES SPOKEN:

English and Spanish

SERVICES:

Sack lunches, grocery program, clothing, shelter referrals, assistance with employment and social services;

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - BASIC NECESSITIES FOR HOMELESS

St. Joseph's Center

718 Rose Avenue, Santa Monica, CA 90291

(310) 399-6878

<http://www.stjosephctr.org/>

Basic Living Necessities

AREA SERVED:

Los Angeles County

DESCRIPTION:

St. Joseph Center's **Homeless Service Center** has provided a compassionate response to the needs of homeless individuals and families in Venice, Santa Monica and other West Los Angeles communities since 1981. It is the hub of the Center's efforts to help people get off the street into a safer and healthier environment. Homeless Service Center starts by providing basic services. Service plans developed jointly by the individual and the case manager assess each person's strengths and needs and lay out a pathway to long-term stability and increased self-sufficiency by addressing issues such as permanent housing, job training, employment and ongoing treatment.

ELIGIBILITY:

Homeless

SERVICE HOURS:

Monday, Tuesday, Thursday, and Friday 7:30am-4:30pm; Wednesdays 7:30am-noon.

LANGUAGES SPOKEN:

English and Spanish

Homeless men and women can make a reservation to eat at Bread and Roses Café, do a load of laundry, take a shower and have access to phone and mail service. Through meetings with the staff, they can also be connected with emergency shelter, medical care, and mental health and substance abuse treatment. They can also receive help with transportation and advocacy to apply for government benefits. Homeless individuals who are ready to make long-term change may enroll in case management.

LOS ANGELES COUNTY SERVICES

FOOD - FOOD PROVIDERS

Los Angeles Regional Food Bank

1734 East 41st Street, Los Angeles, CA 90058

Tel: (323) 234-3030

Fax: (323) 234-0943

<http://www.lafoodbank.org>

Food Bank

AREA SERVED:

Los Angeles County

DESCRIPTION:

Los Angeles Regional Food bank is a private, nonprofit, charitable organization that has been serving the disadvantaged of our community for 31 years. We are at the heart of a charitable food distribution network that includes over 1,000 charities in Los Angeles County. A voluntary [board of directors](#) provides guidance and oversight for Food bank activities.

ELIGIBILITY:

Low Income

LANGUAGES SPOKEN:

English

SERVICES:

The mission of the Los Angeles Regional Food bank is to mobilize the resources of our community to fight hunger, the causes of hunger and the problems related to hunger.

LOS ANGELES COUNTY SERVICES

FOOD - FOOD PROVIDERS

Culver City Senior Center

4153 Overland Ave., Culver City 90230

(310) 253-6700 (Office)

(310) 253-6726 (Senior Nutrition Program)

(310) 253-6717 (Senior Information & Referral)

Fax: (310) 253-6711 • TDD: (310) 253-6735

Meals

AREA SERVED:

Fox Hills

DESCRIPTION:

Large, full-service center with a variety of social programs and a senior nutrition program that includes on-site lunches and home delivered meals.

SERVICES AND HOURS:

Meal service is provided in the Fox Hills area. Hot meals are delivered Monday through Friday.

FEES:

\$1.75 donation for lunch (membership not required). Membership fee to participate in social programs is \$10 a year.

LOS ANGELES COUNTY SERVICES

FOOD - FOOD PROVIDERS

Meals-on-Wheels of West Los Angeles

900 Hilgard Ave., Los Angeles, CA 90024

(310) 208-3439 (To Request Service)

(310) 208-4028 (Volunteers Only)

Meals

AREA SERVED:

Westwood, Brentwood, LA County by InfoLine

DESCRIPTION:

Delivers meals to homebound, physically, and/or psychologically disabled residents in the Westwood and Brentwood areas. A hot meal and a sandwich meal are delivered by volunteers Monday through Friday.

SERVICE HOURS:

Office hours are 9 a.m. to 1 p.m. Monday through Friday. For services in other parts of L.A., call the InfoLine at (310) 551-2929 (24-hour automated information).

FEES:

Sliding scale up to \$6/day for two meals each day.

LOS ANGELES COUNTY SERVICES

FOOD - FOOD PROVIDERS

Meals-on-Wheels of Santa Monica - Malibu - Pacific Palisades

P.O. Box 7001, Santa Monica 90406-7001

(310) 394-5133 (To Request Service)

(310) 394-7558 (Joanna Vasquez; To Volunteer)

Fax: (310) 576-1895

www.meals-on-wheels.net

Meals

AREA SERVED:

Santa Monica, Pacific Palisades, and Malibu

DESCRIPTION:

Delivers meals to Santa Monica, Pacific Palisades, and Malibu residents who are homebound and cannot cook for themselves or get out to shop. Hot lunches and cold snacks for supper provided. The service can be arranged for short or long periods, with a two-week service minimum.

SERVICES AND HOURS:

Special Note: No minimum age requirement. Can meet most special dietary needs. Hot and cold meals delivered Monday through Friday between 11 a.m. and 1 p.m. One-week supply of meals delivered on Wednesdays. Weekend frozen meals delivered on Thursdays. Liquid nutrition for patients can be delivered or picked up. Office hours are 9 a.m. to 1 p.m. Monday through Friday.

FEES:

Sliding scale of up to \$5/day for two meals each day available for those who qualify. Call for details on liquid nutrition.

LOS ANGELES COUNTY SERVICES

SERVICE PROVIDERS - MONEY MANAGEMENT FOR VETERANS

The Veteran's Representative Payee Program at St. Joseph's Center

718 Rose Avenue, Santa Monica, CA 90291

Office # (310) 396-6468 X 301

Fax # (310) 392-8402

<http://www.stjosephctr.org/>

VA Benefit Management Assistance

AREA SERVED:

Los Angeles County

DESCRIPTION:

The Veteran's Representative Payee Program (VRPP) is a representative payee program for Veterans. A representative payee (in this case St. Joseph Center) receives a person's public benefit (such as social security insurance or Veteran's compensation) and ensures that these benefits are first used to meet basic needs and then to establish some form of savings. VRPP serves homeless Veterans, many with mental health and/or substance abuse issues. A 1997 study conducted by a UCLA Veterans Administration research psychologist found that St. Joseph Center's Veterans Representative Payee Program saves taxpayers \$1 million annually by dramatically reducing participating Veterans' hospitalization rate.

ELIGIBILITY:

Must be a Veteran with an income from social security insurance or Veteran's compensation.

LANGUAGES SPOKEN:

English and Spanish

SERVICES:

Support services provided include socialization and life skills training with a goal of moving Veterans toward increased stability and self-sufficiency so that they will eventually be able to manage their own finances. Based on a decade and a half of pioneering work in the money management field, St. Joseph Center has developed and implemented a comprehensive

program at VRPP that provides money management education, case management services, and housing assistance.

LOS ANGELES COUNTY SERVICES

FOOD - NUTRITION

Ken Edwards Center

1527 4th St., Room 106, Santa Monica 90401

(310) 458-8300 • Fax: (310) 395-9683

Nutrition

AREA SERVED:

Santa Monica

DESCRIPTION:

Provides nutrition education programs and lunches at four locations in the Santa Monica area for seniors age 60 and over. Senior volunteer opportunities available.

SERVICE HOURS:

Special Note: Reservations must be made one day in advance. Lunch sites and hours:

FEES:

Call for fees.

LOS ANGELES COUNTY SERVICES

FOOD - NUTRITION

Culver City Senior Center

4153 Overland Ave., Culver City 90230

(310) 253-6700 • TDD: (310) 253-6735

Fax: (310) 253-6711

Nutrition

AREA SERVED:

Westside

DESCRIPTION:

Multipurpose focal point for the Westside. Free or low-cost classes and activities in a variety of fields. Movies twice a week. Planned outings include overnight and day trips (for Center members only). Help with Medicare, Medi-Cal, homeowners' rebates, and income tax matters. Loss support and peer support groups. Senior nutrition program includes on-site lunches and home delivered meals. Transportation to Center provided to Culver City residents within 2-mile radius.

SERVICE HOURS:

Hours are 9 a.m. to 5 p.m. Monday through Friday. Recreational activities for members also scheduled from Noon until 4 p.m. on Saturdays and Sundays (call for information). Lunch served Monday through Friday at 11:30 a.m.

FEES:

Membership \$10 a year. Lunch (weekdays only, membership not required), \$1.75 donation.

Home-delivered meal (weekdays only), \$1.75 donation.

LOS ANGELES COUNTY SERVICES

FOOD - NUTRITION

Felicia Mahood

Senior Multipurpose Center

11338 Santa Monica Blvd., Los Angeles 90025

(310) 479-4119 • (310) 231-9228 (Social Services)

(310) 231-9139 (Nutrition Information)

(310) 231-0369 (Transportation)

Fax: (310) 231-0160

Nutrition

AREA SERVED:

Los Angeles

DESCRIPTION:

Free or low-cost classes on various topics, social and recreational activities, snack bar with sandwiches, and hot lunches for individuals age 60 and over. Occasional overnight and day trips. Also offers assisted transportation, Friendly Visitor program, blood pressure testing, case management, and information and referral services. Legal consultation and Medicare counseling available by appointment.

SERVICE HOURS:

Office hours are 8:30 a.m. to 4:30 p.m. Monday through Friday. Hot lunch served Monday through Friday at 11:45 a.m. Sign-up begins at 10 a.m.

FEES:

Senior Club membership, \$6 per year. Hot meals, \$1.25 suggested donation

LOS ANGELES COUNTY SERVICES

TRANSPORTATION - PROVIDERS

Access Services Incorporated (ASI)

P.O. Box 71684, Los Angeles 90071-0684

(800) 827-0829 (Information in English/Español)

TDD: (800) 827-1359

(877) 408-9378 (Client Reservations/Western)

(877) 640-3278 (Client Reservations/Eastern)

(877) 517-6884 (Client Reservations/Southern)

(877) 716-6784 (Client Reservations/Northern)

www.asila.org

Transportation

AREA SERVED:

Los Angeles County

DESCRIPTION:

Provides personalized transportation service for people with disabilities or special needs that prevent them from using traditional public transportation systems. Vans and other vehicles provide transport throughout L.A. County for any purpose.

SERVICES AND HOURS:

REGISTRATION AND CERTIFICATION FOR ELIGIBILITY REQUIRED FOR SERVICE—contact ASI to request application. Transportation available 24 hours a day, 7 days a week in most areas (some areas stop service between 1 a.m. and 5 a.m.). For regularly scheduled appointments, call Steady Ride, (888) 512-0200, TDD: (800) 826-7280.

FEES:

One-way trip ranges from \$1.80 to \$2.70. Exact change or MTA token required.

LOS ANGELES COUNTY SERVICES

TRANSPORTATION - PROVIDERS

City Ride

P.O. Box 866003, Los Angeles 90086

808-7433 (From Area Code 213, 310, 323, or 818)

Transportation

AREA SERVED:

Los Angeles

DESCRIPTION:

Provides City of Los Angeles transportation services (MTA, Taxi, Dial-A-Ride, Private Lift) for any purpose to City of L.A. residents who are seniors (age 65 and over) or disabled (age 13 and over).

SERVICES AND HOURS:

REGISTRATION AND CERTIFICATION FOR ELIGIBILITY REQUIRED FOR SERVICE--contact City Ride for information. Office hours are 8 a.m. to 4:30 p.m. Monday through Friday.

FEES:

One-way standby Dial-A-Ride trip costs \$1.50 (6 coupons). Coupon book for 3 months (72 coupons) costs \$15.37 (\$6.37 if on Medi-Cal or SSI). Discount taxi and other transportation services may be requested.

LOS ANGELES COUNTY SERVICES

TRANSPORTATION - PROVIDERS

Santa Monica Buslines (Big Blue Bus)

612 Colorado Ave., Santa Monica 90401

(310) 451-5444 • TDD: (310) 395-6024

www.bigbluebus.com

Transportation

AREA SERVED:

Santa Monica, selected Westside areas, and downtown Los Angeles

DESCRIPTION:

City buslines serve Santa Monica, selected Westside areas, and downtown Los Angeles (via freeway). Discounts for persons age 62 and over with state ID for senior citizens and for disabled persons of any age with Medicare ID or other disability-related ID.

SERVICES AND HOURS:

Schedules and route maps available on Website and at Big Blue Bus office, Santa Monica Public Library branches, SMC Bookstore, UCLA Central Ticket Office, and many other locations. Office hours are 8 a.m. to 5 p.m. Monday through Friday.

FEES:

Regular fare \$0.75, discounted to \$0.25 for seniors and disabled; Express fare \$1.75, discounted to \$0.60 for seniors and \$0.25 for disabled. Local Big Blue Bus transfers are free. Transfers to MTA, Culver City, Foothill, and other buslines cost \$0.25 (\$0.10 for discounted fares).

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - SELF-SUFFICIENCY ASSISTANCE

Project Self-Sufficiency

Community Services Department, 200 Main Street, Huntington Beach, CA 92648

Director: Susan Edwards, Office # 714-536-5439

Email: sedwards@surfcity-hb.org

Assistant: Ann Casady, Office # 714-536-5263

Email: acasady@surfcity-hb.org

Self-Sufficiency Assistance

AREA SERVED:

Orange County

DESCRIPTION:

Project Self-Sufficiency assists low-income, single parents in achieving economic independence from governmental assistance through a network of community and county services. It is coordinated through the Community Services Department and both public and private agencies are involved in the program. The public sector, involved through the Project Self-Sufficiency Task Force/Single Parent Network of Orange County, coordinates access to resources, such as housing subsidies, child care, education, job training and a variety of other benefits. The private sector is involved through the Project Self-Sufficiency Foundation, a nonprofit organization with non-profit 501(c)3 status. The purpose of the foundation is to raise funding for child care, transportation, tuition, job training, and other needed services. Rental assistance is provided through the Orange County Community Housing Corporation (OCCHC), while job training and educational resources are provided by a variety of public and private entities. Project Self-Sufficiency began in 1985, when the city participated in the U.S. Department of Housing and Urban Development's national Project Self-Sufficiency Program.

ELIGIBILITY:

Project Self-Sufficiency parents must be single, underemployed, and highly motivated to work toward achieving a career which will support their family. Applicants must live or work in the

Project Self-Sufficiency parent benefits by defining their goals and building a reasonable strategy with their staff representative. These strategies include education, job training, employment, housing, child care, finances, and addressing personal issues. Parents are encouraged to become involved in the community and support each other by attending monthly meetings where guest speakers share information and support. Participation in the program's committees is also encouraged.

SERVICES:

- Child care scholarships
- Clothing donations
- Education scholarships
- Food donations
- Furniture donations
- Job training and placement
- Mentor programs
- Volunteer services

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - DAILY LIVING ASSISTANCE

Home Instead Senior Care

5500 E. Atherton Street, Suite 216, Long Beach, CA 90815

Office: 516-596-4884

Fax: 516-596-7334

www.homeinstead.com/275

Daily Living Assistance

AREA SERVED:

Los Angeles County & Orange County

DESCRIPTION:

Home Instead CAREGivers help older adults with everyday tasks that allow them to live independently, no matter they call home. From a few hours-a-day, up to 24hours - seven days-a-week, including weekends and holidays.

ELIGIBILITY:

(Under the VA's AID & Attendance benefit, applying to Veterans and their surviving spouses, which uses an acquired pension to pay for home care services); applicant must have no more than \$60,000 in liquid assets, meet low-income guidelines, and be limited by a medical circumstance which requires someone else to provide non-medical in-home services, for non-service connected disabilities; also must have served 90 days active duty in the military, with at least one day beginning or ending during a period of wartime;

FEES:

Services are paid for under the VA's AID & Attendance benefit, applying to Veterans and their surviving spouses, which uses an acquired pension to pay for home care services. Pension covers up to 60 hours of care each month for a Veteran with spouse, 50 hours of care each month for a single Veteran, and 30 hours of care each month for a Veteran's surviving spouse.

SERVICE HOURS:

Office Hours, 9am-5pm; Service Hours for senior care, 24 hours a day;

English, Spanish

SERVICES:

- Meal Preparation
- Medication Reminders
- Laundry
- Light Housekeeping
- Escort for Shopping and Errands
- Respite Care

These services are offered through an independently owned and operated franchise office with a staff and CAREGivers who are responsive to your needs and engaged in our community. The services are designed for practically any living arrangement where an older adult simply needs human interaction and help with day-to-day activities.

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - DAILY LIVING ASSISTANCE

Aid and Attendance Benefit

Department of Veterans Affairs

1-800-827-1000

www.va.gov

Daily Living Assistance

Area Served:

United States

Description:

The Veterans' Administration offers a Special Pension with Aid and Attendance (A&A) benefit that is largely unknown. This Special Pension allows for Veterans and surviving spouses who require the regular attendance of another person to assist in eating, bathing, dressing, undressing or taking care of the needs of nature to receive additional monetary benefits. It also includes individuals who are blind or a patient in a nursing home because of mental or physical incapacity. Assisted care in an assisted living facility also qualifies. This is a "pension benefit" and is not dependent upon service-related injuries for compensation. Most Veterans who are in need of assistance qualify for this pension. Aid and Attendance can help pay for care in the home, nursing home or assisted living facility. A Veteran is eligible for up to \$1,519 per month, while a surviving spouse is eligible for up to \$976 per month. A couple is eligible for up to \$1,801 per month.

ELIGIBILITY:

Applicants for the Aid & Attendance Special Pension will need the following documents:

- Discharge/Separation Papers (DD-214). If you need to request military records, you can either fill out [Standard Form 180](http://www.archives.gov/st-louis/military-personnel/standard-form-180.html) (right click to save) or, you can visit <http://www.archives.gov/st-louis/military-personnel/standard-form-180.html>. Full instructions on how to request military records is listed on that site.
- Copy of Marriage Certificate and all marital information (surviving spouses only).

- Copy of the Death Certificate (surviving spouses only).
- Copy of current Social Security Award Letter (the letter that Social Security send at the beginning of the year stating what your monthly amount will be for the following year).
- Net Worth information, including bank accounts, CDs, Trusts, Stocks, Bonds, Annuities, etc.
- Proof of all income from pensions, retirement, interest income from investments, annuities, etc.
- If you are a court-appointed guardian of the veteran or surviving spouse, a certified copy of the court order of the appointment is required.
- Proof of insurance premiums, medications, medical bills or any other medical expenses that are not reimbursed by insurance, Medicare, or Medicaid.
- Physician statement that includes current diagnosis, medical status, prognosis, name and address, ability to care for self, ability to travel unattended, etc. If you are a veteran in a nursing home, or a family member of a veteran in a nursing home, you can use this form as a certification of that status (right click to save): [Nursing Home Status Statement](#)
- Banking information for Direct Deposit of A&A monthly payments (include a voided check).
- Employment history (does not apply if you are over 65).
- List of all doctors and hospitals visited in the last year.

Generally, to qualify for this tax free monthly pension from the VA , the Veteran must have served in the military during a period of war, had an honorable discharge, and assets cannot be in excess of \$80,000 (for a couple).

SERVICES:

Assistance in eating, bathing, dressing, undressing or taking care of the needs of nature; (It also includes individuals who are blind or a patient in a nursing home because of mental or physical incapacity. Assisted care in an assisted living facility also qualifies).

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - ASSISTANCE IN LIVING INDEPENDENTLY

Lutheran Social Services Garden Grove

12432 Ninth St., Garden Grove, CA 92840

(714) 534-6450

www.lsssc.org

Emergency Assistance

AREA SERVED:

Orange County

DESCRIPTION:

Lutheran Social Services will assist in emergency situations with food, clothing and medical prescriptions. Utility payments and rental assistance when funds are available. Staff will advocate on behalf of clients with other agencies and institutions.

ELIGIBILITY:

Low or no income

FEES:

Services are free

DOCUMENTS:

Picture I.D. with name and address

LANGUAGES SPOKEN:

English, Spanish

SERVICE HOURS:

9:00 a.m. - 11:30 a.m, 1:00 p.m. - 3:30 p.m. M, Tu, Th, F

LEGAL STATUS:

Non-Profit

SERVICES:

Emergency Food, Prescription Expense Assistance, Rent Assistance, Utility Assistance

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - ASSISTANCE IN LIVING INDEPENDENTLY

M.D. House Calls

1525 Mesa Verde Drive East, Suite 210, Costa Mesa, CA 92626

(800) 653-4444

Visiting Physicians

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - ASSISTANCE IN LIVING INDEPENDENTLY

Podiatry Home Care Services

518 A 16th St., Huntington Beach, CA 92648

(714) 791-2881

Visiting Physicians

AREA SERVED:

Orange County

DESCRIPTION:

Podiatry Home Care Services provides in-home podiatry care for individuals who are considered homebound. I offer quality, gentle foot care with over 14 years of experience. Services include trimming of toenails, calluses, corns, ulcer treatment, ingrown nail corrections, etc. A thorough initial visit is performed on all patients. My office will complete billings where applicable. I accept Medicare assignment and strive to see every patient within 24-48 hours of referral. My services are available on an as needed basis for homebound patients requiring foot care.

PAYMENT METHOD:

Medicare, Private pay, Private insurance

SERVICES:

Podiatry/Foot Care, Visiting Physicians

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - ASSISTANCE IN LIVING INDEPENDENTLY

Orange County IHSS Public Authority (For Employment)

1505 East Warner Ave., Santa Ana, CA 92705

(714) 480-6446

In-Home Supportive Services (IHSS)

DESCRIPTION:

The Orange County IHSS Public Authority serves In-Home Supportive Services (IHSS) consumers and care providers. We provide a registry of pre-screened care providers for IHSS consumers, access to training for consumers and care providers, employment opportunities for qualified care providers and assistance with some IHSS issues.

ELIGIBILITY:

Must be an IHSS consumer. Eligibility is determined by County of Orange, SSA, Adult Services, IHSS program.

FEES:

Free Service.

LANGUAGES SPOKEN:

Spanish, English. Use county translators or other resources for additional language needs.

APPLICATION PROCESS:

IHSS consumers can call the Public Authority directly or be referred by a social worker. Care providers can call the Public Authority directly.

LEGAL STATUS:

Public Entity.

SERVICES:

IHSS

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - ASSISTANCE IN LIVING INDEPENDENTLY

Social Services Agency

P.O. Box 22006, Santa Ana, CA 92702-2006

(714) 825-3000

www.oc.ca.gov/ssa

In-Home Supportive Services (IHSS)

DESCRIPTION:

IHSS authorizes in-home services for eligible low-income elderly, disabled and blind individuals who require assistance with activities of daily living to enable them to remain safely in their own homes. A social worker completes an in-home assessment based on medical condition, living arrangement, and assistance received from family, friends, or available community services.

ELIGIBILITY:

Supplemental Security Income (SSI/SSP), low-income, limited assets and property

DOCUMENTS:

ID, Social Security card, income-property-resource verifications and proof of citizenship or alien registration card

LANGUAGES SPOKEN:

English, Spanish, Vietnamese, Farsi/Arabic, Cambodian, Laotian, Hmong. For other languages, Language Line is available.

SERVICE HOURS:

8:00 a.m. - 5:00 p.m. M - F

APPLICATION PROCESS:

Phone-in

SERVICES:

IHSS

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - DAY CARE

Acacia-Northwest

5175 Ball Road, Cypress, CA 90630

(714) 527-3686

Adult Day Care

AREA SERVED:

Cypress, Los Alamitos, West Anaheim, La Palma, Stanton

DESCRIPTION:

Acacia-Northwest offers an Adult Day Care Program. Adult Day Care Social Models offer supervised social and educational activities, including exercise, special events, nutrition, music, art, guest speakers, and family counseling. They are licensed by the State of California Department of Social Services, Community Care Licensing.

FEES:

Sliding scale

LANGUAGES SPOKEN:

English, Spanish, Vietnamese, Mandarin, Tagalog

SERVICE HOURS:

7:00 a.m. - 5:30 p.m. M - F

APPLICATION PROCESS:

Telephone for appointment

Walk-ins accepted

LEGAL STATUS:

Non-profit

SERVICES:

Adult Day Care Centers

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - DAY CARE

Adult Day Services Of Orange County

9451 Indianapolis Ave., Huntington Beach, CA 92646

(714) 593-9630

www.adultdayservicesoc.org

Adult Day Care

AREA SERVED:

Costa Mesa, Fountain Valley, Huntington Beach, Irvine, Newport Beach, Seal Beach,
Westminster

DESCRIPTION:

Adult Day Services of Orange County offers a social day care for adults. The program offers a full day of activities including music and art therapy, exercise and physical games, current events, memory enhancement, and intergenerational experiences.

FEES:

Vary with program

SERVICE HOURS:

7:30 a.m. - 5:30 p.m. M-F

LEGAL STATUS:

Non-Profit

SERVICES:

Adult Day Care Centers

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - DAY CARE

Feedback Foundation - Buena Park Adult Day Care

8150 Knott Ave., Buena Park, CA 90620

(714) 826-3163

www.feedbackfoundation.org

Day Care

AREA SERVED:

Anaheim, Buena Park, Cypress, Fullerton, La Palma, and Stanton

DESCRIPTION:

Provides a secure environment for seniors with minor impairments to receive daycare in a social setting. Participants interact through games, music, physical activity, reading, and other activities. Lunch is provided daily. As with our Adult Day Health Care centers, the day care center offers a much-needed respite for families and SERVICE PROVIDERS.

ELIGIBILITY:

60 years of age and older.

FEES:

Sliding scale of \$25-\$40 per day. No one is ever turned away for inability to contribute.

LANGUAGES SPOKEN:

English, Spanish

SERVICE HOURS:

8:30 a.m. - 4:00 p.m. M - F

APPLICATION PROCESS:

Walk-ins accepted or telephone for appointment.

TRANSPORTATION TO SITE:

YES

SERVICES:

Adult Day Care Centers

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - DAY CARE

Learning For Life

5221 Orangethorpe, Anaheim Hills, CA 92807

(714) 970-7237

AREA SERVED:

Orange County

DESCRIPTION:

Learning for Life is a daily experiential learning program that provides individuals with mild memory impairment or early Alzheimer's disease with an opportunity to learn and connect with others. The program offers gentle and creative physical activity, emotional support, involvement in community activities and interaction with nature, animals, and plants in our center's unique environment.

ELIGIBILITY:

Must be ambulatory

FEES:

Fixed fee

LANGUAGES SPOKEN:

English, Spanish

SERVICE HOURS:

9:00 a.m. - 4:30 p.m. M - F

APPLICATION PROCESS:

Telephone for appointment

LEGAL STATUS:

For profit

SERVICES:

Adult Day Care Centers

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - DAY CARE

Rehabilitation Institute Of Southern California - Rio Orange

1800 East La Veta, Orange, CA 92866

(714) 633-7400

www.rio-rehab.com

Adult Day Care

AREA SERVED:

Orange, Placentia, Tustin, Villa Park, Yorba Linda and surrounding areas

DESCRIPTION:

Adult Day Care social models offer supervised social and educational activities, including exercise, special events, nutrition, music, art, guest speakers, and family counseling. They are licensed by the State of California Department of Social Services, Community Care Licensing.

ELIGIBILITY:

18 years or older

FEES:

Donation basis for age 60 or older

LANGUAGES SPOKEN:

English, Spanish

SERVICE HOURS:

7:30 a.m. - 4:00 p.m. M-F

SERVICES:

Adult Day Care Centers

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - EXERCISE

California State University, Fullerton Ruby Gerontology Center

800 North State College Blvd., RGC #8, Fullerton, CA 92834

(714) 278-7057

Lifespan Wellness Clinic

AREA SERVED:

Orange County

DESCRIPTION:

Assessment of physical fitness capability, balance and mobility, exercise and training programs.

SERVICES:

Exercise Classes/Groups, Physical Fitness Assessment

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - EXERCISE

California State University, Fullerton Ruby Gerontology Center

800 North State College Blvd., RGC #8, Fullerton, CA 92834

(714) 278-7057

University Resources

AREA SERVED:

Orange County

DESCRIPTION:

The Institute of Gerontology offers academic programs, Continuing Learning Experience (CLE), and Lifespan Wellness Clinic. Institute of Gerontology provides research of aging fields.

Gerontology programs offer students a Master's of Science, or a certificate in Gerontology.

Continuing Learning Experience offers senior classes such as bridge, yoga, computers, and lecture series.

SERVICE HOURS:

8:30 a.m. - 5:00 p.m. M - F

LEGAL STATUS:

State

SERVICES:

Computer Classes, Recreational/Leisure Instruction, Universities/Colleges

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - EXERCISE

Housing & Community Services

1300 South Grand Ave., Bldg. B, Santa Ana, CA 92705

(714) 567-7412

Exercise Classes/Groups

AREA SERVED:

Orange County

DESCRIPTION:

The Health Educator refers clients to the appropriate type of exercise class within the client's vicinity. See Exercise List for details.

FEES:

Varies depending on class and location.

SERVICE HOURS:

Varies depending on class and location.

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - LEGAL/BENEFITS ASSISTANCE

Orange County Veterans Service Office

1300 S. Grand Bldg. B, Santa Ana, CA 92705

(714) 567-7450

Fax: (714) 567-7674

<http://www.veterans.ocgov.com>

Benefits Assistance

AREA SERVED:

Orange County

DESCRIPTION:

The O.C. County Veterans Service Office will actively pursue the rights of veterans and dependents of the United States Armed Forces to receive Department of Veterans Affairs benefits. We will work collaboratively with nationally chartered veterans organizations, the Department of Veterans Affairs and others to assure that veterans and their dependents receive the entitlements they have earned for their military service.

ELIGIBILITY:

Dependents of service disabled / deceased veterans, service connected disabled veterans, non-service connected disabled veterans, surviving spouse and children

LANGUAGES SPOKEN:

English

SERVICES:

The Orange County Veterans Service Office provides free benefit claims counseling and information and referral assistance to veterans, their dependents and survivors.

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - LEGAL/BENEFITS ASSISTANCE

Legal Aid Society Of Orange County (Civic Center Office)

1170 Civic Center Drive West, Santa Ana, CA 92703

(714) 571-5245

www.legal-aid.com

Legal Aid

AREA SERVED:

Orange County

DESCRIPTION:

Provides free legal assistance to Orange County seniors age 60 and older. Services include advice, brief assistance, representation in some court and administrative cases, and referrals.

Our priority areas include government benefits, Social Security and SSI, Medi-Cal, health, housing, elder abuse, and consumer issues.

ELIGIBILITY:

Age 60 or over and an Orange County resident.

FEES:

Donations accepted

LANGUAGES SPOKEN:

English, Spanish, Vietnamese, Chinese

SERVICE HOURS:

Hotline Hours: 9:00 a.m. - 6:00 p.m. M - Th, 9:00 a.m. - 4:30 p.m. F

APPLICATION PROCESS:

Walk-ins accepted

Telephone for appointment

SERVICES:

Legal Services

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - LEGAL/BENEFITS ASSISTANCE

Legal Aid Society Of Orange County (Civic Center Office)

1170 Civic Center Drive West, Santa Ana, CA 92703

(714) 571-5245

www.legal-aid.com

Small Claims Court Advisory Program

AREA SERVED:

Orange County

DESCRIPTION:

Free procedural advice for Small Claims Court, such as, how to defend yourself in Small Claims Court, how to collect on a judgment, etc. Also offer free small claims information lecture.

FEES:

No fee

SERVICE HOURS:

8:00 a.m - 5:00 p.m. M - F

LEGAL STATUS:

Non-Profit

SERVICES:

Legal Services, Small Claims Assistance

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - LEGAL/BENEFITS ASSISTANCE

Legal Aid Society Of Orange County (Santa Ana Office)

902 N. Main St., Santa Ana, CA 92701

(714) 571-5200; (714) 571-5270 FAX

Senior Legal Advocacy

AREA SERVED:

Orange County

DESCRIPTION:

Provides free legal assistance to Orange County seniors age 60 and older. Services include advice, brief assistance, representation in some court and administrative cases, and referrals.

Our priority areas include government benefits, Social Security and SSI, Medi-Cal, health, housing, elder abuse, and consumer issues.

ELIGIBILITY:

Seniors age 60 and older

FEES:

Donation accepted

LANGUAGES SPOKEN:

English, Spanish, Vietnamese, Chinese

SERVICE HOURS:

Hotline Hours: 9:00 a.m. - 6:00 p.m. M - Th, 9:00 a.m. - 4:30 p.m. F

APPLICATION PROCESS:

Walk-ins accepted; Telephone for appointment

SERVICES:

Legal Services

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - LEGAL/BENEFITS ASSISTANCE

Council On Aging-Orange County (Ombudsman Services)

1971 East 4th St., Suite 200, Santa Ana, CA 92705

(714) 479-0107; (800) 231-4024 24-Hour Crisis Line

www.coaoc.org/Ombudsman.html

Patient Rights Assistance; Ombudsman Services

AREA SERVED:

Orange County

DESCRIPTION:

Ombudsmen (resident advocates) make unannounced visits to nursing and assisted living facilities. They investigate and resolve complaints made by or on behalf of residents.

Ombudsmen provide unbiased, free assistance in locating facilities with appropriate levels of care and compatibility with other residents. Elder abuse occurring in long term care facilities MUST be reported to and investigated by the Ombudsman. We provide information on facilities in Orange County to help families make informed decisions on placement.

ELIGIBILITY:

Services available to residents in Nursing Homes (AKA Convalescent Hospitals), Residential Care Facilities for the Elderly (AKA Assisted Living and Board & Care Homes), their families, and those needing FREE unbiased placement information.

FEES:

Services are free of charge, donations appreciated.

LANGUAGES SPOKEN:

English, Chinese, Dutch, French, German, Italian, Spanish, Vietnamese

SERVICE:

8:00 a.m. - 5:00 p.m. M-F; 24-hour Emergency contact (800) 231-4024

Phone, Personal meeting in facilities. All work is confidential.

ORANGE COUNTY SERVICES

HOUSING PROVIDERS - HOUSING ASSISTANCE

Fair Housing Council Of Orange County

201 South Broadway, Santa Ana, CA 92701

(714) 569-0823

(800) 698-3247

www.fairhousingoc.org

Landlord/Tenant Dispute Resolution

AREA SERVED:

Orange County

DESCRIPTION:

The Fair Housing Council advises on legal options and rights for Landlord/Tenant disputes, housing discrimination, HUD counseling and neighbor-to-neighbor issues.

FEES:

Services are free

LANGUAGES SPOKEN:

English, Spanish, Vietnamese

SERVICE HOURS:

9:00 a.m. - 6:00 p.m. M - Th

9:00 a.m. - 5:00 p.m. Every other Friday

APPLICATION PROCESS:

Telephone for appointment

Walk-ins accepted

SERVICES:

Landlord/Tenant Dispute Resolution, Mediation

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - MENTAL HEALTH SERVICES/COUNSELING

Anaheim Vet Center

859, South Harbor Blvd, Anaheim, CA 92805

(714) 776-0161

(800) 225-8387

Fax (714) 776-8904

http://www.long-beach.med.va.gov/Facilities/vet_center.cfm

Counseling

AREA SERVED:

Orange County

DESCRIPTION:

Readjustment Counseling Services

ELIGIBILITY:

Veterans

LANGUAGES SPOKEN:

English

SERVICES:

- Individual counseling
- Group counseling
- Marital/family counseling
- Couples counseling
- Crisis intervention
- Women veteran issues
- Alcohol/chemical dependency counseling and referrals

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - MENTAL HEALTH SERVICES/COUNSELING

Anaheim General Hospital

3350 West Ball Rd., Anaheim, CA 92804

(714) 827-6700

Inpatient Mental Health

AREA SERVED:

Orange County

DESCRIPTION:

Anaheim General Hospital has a geropsychiatric, sub-acute and partial hospital program located at 5742 Beach Blvd., Buena Park, CA 90621.

PAYMENT METHOD:

Medicare, Medi-Cal, Private Insurance, SSI

LANGUAGES SPOKEN:

English, Spanish, Tagalog, Farsi, Arabic

NO. OF BEDS:

99

TRANSPORTATION TO SITE:

YES

LEGAL STATUS:

For-Profit

SERVICES:

Inpatient Mental Health Facilities

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - MENTAL HEALTH SERVICES/COUNSELING

The Gary Center

341 South Hillcrest St., La Habra, CA 90631

(562) 691-3263

www.garycenter.org

Counseling Services

AREA SERVED:

Orange County

DESCRIPTION:

The Gary Center is a private, non-profit agency, located at 341 Hillcrest Street in La Habra. Services provided include prevention and counseling areas of crisis management, family stress, sexual abuse, domestic violence, teen parenting, anger management for adolescents, and drug/alcohol dependency. Other services include emergency shelter information, translation in tenant/landlord situations, assistance with employment, SSI, and welfare documents, mediation in divorce and family business and referrals for medical, legal and housing matters.

FEES:

Sliding scale, fees based on ability to pay

LANGUAGES SPOKEN:

English, Spanish

SERVICE HOURS:

9:00 a.m. - 8:00 p.m. M - Th; 9:00 a.m. - 4:00 p.m. F

LEGAL STATUS:

Private, non-profit

SERVICES:

Family Counseling, General Counseling Services, Mental Health Care and Counseling, Spousal Abuse Counseling

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - MENTAL HEALTH SERVICES/COUNSELING

Health Care Agency, Orange County; Behavioral Health, Older Adult Services

P. O. Box 355, Santa Ana, CA 92702

(714) 972-3700

www.ochealthinfo.com

Older Adult Services, OlderAdult Services (OAS)

AREA SERVED:

Orange County

DESCRIPTION:

Older Adult Services serves independent living older adults who are experiencing behavioral health problems such as mental illness, cognitive disorder, and substance abuse which interfere with day-to-day functioning and place that person at risk of hospitalization and who are unable or unwilling to seek treatment from traditional service providers. Services include in-home assessment, crisis intervention, education, problem solution counseling, linkages to community and health services and programs, and consultation. Family members and service providers are encouraged to call and consult with the clinician on duty concerning individuals who may be experiencing problems related to aging and behavior.

ELIGIBILITY:

60 or older

FEES:

No fee; funded by County taxpayers

PAYMENT METHOD:

Medi-Cal, Medicare

LANGUAGES SPOKEN:

English, Spanish, Vietnamese

SERVICE HOURS:

8:00 a.m. - 5:00 p.m. M - F

LEGAL STATUS:

Government agency

SERVICES:

Geriatric Assessment, Mental Health Care and Counseling, Mental Health Evaluation

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - MENTAL HEALTH SERVICES/COUNSELING

St. Joseph Hospital Behavioral Health Services

Community Counseling 1100 West Stewart Dr., Orange, CA 92863

(714) 633-9111

www.sjo.org

Inpatient Mental Health Facilities

AREA SERVED:

Orange County

DESCRIPTION:

St. Joseph's hospital has a Psychiatric Unit for adults, 18 or older through Behavioral Health Services.

ELIGIBILITY:

18 or older

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - MENTAL HEALTH SERVICES/COUNSELING

West Anaheim Medical Center

3033 West Orange Ave., Anaheim, CA 92804

(714) 827-3000

www.westanaheimmedctr.com

Inpatient Mental Health Facilities

DESCRIPTION:

West Anaheim Medical Center has a senior psychiatric unit for adults, age 55 or older.

ELIGIBILITY:

55 or older

LEGAL STATUS:

For-Profit

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - MEDICAL CARE

Anaheim General Hospital

3350 West Ball Rd., Anaheim, CA 92804

(714) 827-6700

Hospitals

AREA SERVED:

Orange County

DESCRIPTION:

Anaheim General Hospital is an acute hospital providing 24-hour emergency services, OB, medical/telemetry, and intensive care. Anaheim General Hospital has a geropsychiatric, sub-acute and partial hospital program located at 5742 Beach Blvd., Buena Park, CA 90621.

FEES:

Medicare, Medi-Cal, private insurance, SSI.

PAYMENT METHOD:

Medi-Cal Medicare Private insurance SSI

LANGUAGES SPOKEN:

English, Spanish, Tagalog, Farsi, Arabic

SERVICE HOURS:

24-hours/day; 7 days/week

NO. OF BEDS:

141

LEGAL STATUS:

For-Profit

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - MEDICAL CARE

Anaheim Memorial Medical Center

1111 West La Palma Ave., Anaheim, CA 92801

(714) 774-1450

Hospitals

DESCRIPTION:

Pain Management Center, Wound Center, Heart Care Unit,
Senior Membership and Wellness Program, Senior Transportation Services, Breast Care Center,
and Volunteer Services.

PAYMENT METHOD:

Medi-Cal, Medicare, Private Insurance, HMO, PPO

DOCUMENTS:

Insurance

LANGUAGES SPOKEN:

Spanish, and interpreter services available for all other languages.

NO. OF BEDS:

214

TRANSPORTATION TO SITE:

YES

LEGAL STATUS:

Non-Profit

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - MEDICAL CARE

Chapman Medical Center

2601 East Chapman Ave., Orange, CA 92867

(714) 633-0011

www.chapmanmedicalcenter.com

Hospitals

DESCRIPTION:

Senior Mental Health

PAYMENT METHOD:

SSI, Medi-Cal

NO. OF BEDS:

12

TRANSPORTATION TO SITE:

YES

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - MEDICAL CARE

Saddleback Memorial Medical Center

24451 Health Center Dr., Laguna Hills, CA 92653

(949) 837-4500

www.memorialcare.org

Hospitals

DESCRIPTION:

Saddleback Memorial offers a full service hospital with 24-hour emergency care, critical care, and in-patient and out-patient surgical services, as well as a Heart Institute and Rehabilitation Center, and a variety of health and wellness programs.

PAYMENT METHOD:

Medi-Cal, SSI

NO. OF BEDS:

235

TRANSPORTATION TO SITE:

Provided for radiation oncology and rehabilitation services only

LEGAL STATUS:

Non-Profit

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - MEDICAL CARE

West Anaheim Medical Center

3033 West Orange Ave., Anaheim, CA 92804

(714) 827-3000

www.westanaheimmedctr.com

Hospitals

AREA SERVED:

Orange County

DESCRIPTION:

Acute care and general medical, surgical hospital. Senior Mental Health Center, Heart Center, Chest Pain Center. 24-hour Emergency Services available.

PAYMENT METHOD:

SSI, Medicare, Other

LANGUAGES SPOKEN:

English, Spanish, Korean, Language Line

NO. OF BEDS:

219

TRANSPORTATION TO SITE:

YES

LEGAL STATUS:

For-Profit

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - OPTIONS FOR EMPLOYMENT OR INCOME

Anaheim Workforce Center, City Of

50 South Anaheim Blvd., #300, Anaheim, CA 92805

(714) 765-4350

Employment

AREA SERVED:

Anaheim

DESCRIPTION:

The Anaheim Workforce Center is a one-stop system of services for employment and training. Self-directed resource room provides computers with internet access, fax, phones, copiers for job search, and job search workshop. Information and access to partner programs including, veterans, senior training and employment, Dept. of rehabilitation, and ROP.

DOCUMENTS:

Legal right to work documents.

LANGUAGES SPOKEN:

English, Spanish

SERVICE HOURS:

8:00 a.m. - 5:00 p.m. M-F

APPLICATION PROCESS:

Walk-ins and phone-ins accepted.

LEGAL STATUS:

City

SERVICES:

Comprehensive Job Assistance Centers

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - OPTIONS FOR EMPLOYMENT OR INCOME

Orange Senior Citizens Community Center

170 South Olive St., Orange, CA 92866

(714) 538-9633

www.orangeseniorcenter.com

Senior Employment

AREA SERVED:

Orange County

DESCRIPTION:

Agencies are looking for seniors 50 years or older to work as SERVICE PROVIDERS, drivers, office workers, etc. Average pay is approximately \$10/hr.

ELIGIBILITY:

50 years or older

FEES:

Services are free

LANGUAGES SPOKEN:

English, Spanish

SERVICE HOURS:

8:00 a.m. - 12:00 p.m. M - F

APPLICATION PROCESS:

Walk-in

SERVICES:

Employment

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - OPTIONS FOR EMPLOYMENT OR INCOME

Santa Ana Work Center

1000 East Santa Ana Blvd., Suite 200, Santa Ana, CA 92701

(714) 565-2600

www.santaanaworkcenter.org

Employment

AREA SERVED:

Orange County

DESCRIPTION:

One-stop centers provide an array of employment and training services in a convenient, easily accessible location. Services may include job counseling, testing and assessment; resume preparation assistance, interview training and other prejob guidance services; job matching and referral; unemployment insurance and job registration; labor market and career information.

LANGUAGES SPOKEN:

English, Spanish

SERVICE HOURS:

8:00 a.m. - 5:00 p.m. M - F

SERVICES:

Comprehensive Job Assistance Centers

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - OPTIONS FOR EMPLOYMENT OR INCOME

Vantage Foundation

3505 Cadillac St. Suite 0-106, Costa Mesa, CA 92626

(714) 434-7870

(714) 434-7872 FAX

Employment

AREA SERVED:

Orange County

DESCRIPTION:

The Vantage Foundation's services include supported employment and community training for adults with significant developmental disabilities as well as those with physical and/or behavioral challenges.

FEES:

No fee

LANGUAGES SPOKEN:

English, Spanish, Italian and sign language.

SERVICE HOURS:

8:00 a.m. - 4:00 p.m. M - F

APPLICATION PROCESS:

Referral required by Regional Center of OC

LEGAL STATUS:

Non-profit

SERVICES:

Employment, Employment Preparation, Supported Employment

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - OPTIONS FOR EMPLOYMENT OR INCOME

Volunteer Center OC

1901 East 4th St., Suite 100, Santa Ana, CA 92705-9318

(714) 953-5757

www.volunteercenter.org

Senior Training and Employment Program (STEP)

AREA SERVED:

Orange County

DESCRIPTION:

The Senior Employment Program is an employment/training program for eligible male and female seniors who are 55 years of age or older who are economically disadvantaged. The program is designed to assist the eligible senior to become employable by offering an opportunity to acquire/update skills in a community services work environment.

ELIGIBILITY:

55 years or older and economically disadvantaged. No more than \$935/month Social Security or \$8,890 annual wages from other income sources.

DOCUMENTS:

Documents required to show proof of age, income and residency (i.e. photo I.D., bank statement, copy of utility bill)

LANGUAGES SPOKEN:

English, Spanish, Vietnamese

SERVICE HOURS:

9:00 a.m. - 5:00 p.m. M - F

APPLICATION PROCESS:

Call to qualify over the phone and to make an appointment

SERVICES:

Senior Community Service Employment Programs

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - OPTIONS FOR EMPLOYMENT OR INCOME

Caloptima

1120 West La Veta Ave., Orange, CA 92868

(714) 246-8400 Customer Service

www.caloptima.org

CalOPTIMA

AREA SERVED:

Orange County

DESCRIPTION:

CalOPTIMA is a County Organized Health System authorized by federal law to administer Medi-Cal benefits for Orange County residents.

LANGUAGES SPOKEN:

English, Spanish, Vietnamese

SERVICE HOURS:

8:00 a.m. - 5:00 p.m. M - F

SERVICES:

Medi-Cal/Medicaid

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - OPTIONS FOR EMPLOYMENT OR INCOME

Social Services Agency West Regional Center

12912 Brookhurst St., Garden Grove, CA 92840

(714) 741-7100

Medi-Cal

DESCRIPTION:

Medi-Cal is a health care program for lower income persons. Currently to be eligible a senior must be 65 or older, or be disabled, and be of low income.

SERVICE HOURS:

8:00 a.m. - 5:00 p.m. M-F

SERVICES:

Medi-Cal/Medicaid

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - SOCIALIZATION

Anaheim Senior Citizens Center

250 East Center St., Anaheim, CA 92805

(714) 765-4510

Senior Centers and Clubs

DESCRIPTION:

The clubs and centers are facilities where senior citizens go for social activities and needed services. These may include information and referral, limited transportation, congregate meals, outreach, tax assistance, and employment. Call club and center for specific information.

SERVICES:

Senior Centers

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - SOCIALIZATION

Brea Senior Center

500 South Sievers Ave., Brea, CA 92821

(714) 990-7750

www.ci.brea.ca.us

Senior Centers and Clubs

AREA SERVED:

Orange County

DESCRIPTION:

The Brea Senior Center offers a variety of social activities such as arts and crafts, presentations, and exercise classes. Free transportation for senior Brea residents to and from the Senior Center for lunch, classes, and special events.

LANGUAGES SPOKEN:

English, Spanish

SERVICE HOURS:

8:00 a.m. - 5:00 p.m. M - F

LEGAL STATUS:

City Agency

SERVICES:

Senior Centers

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - SOCIALIZATION

Friendly Center

147 West Rose Ave., Orange, CA 92867

(714) 771-5300

Senior Centers and Clubs

AREA SERVED:

Orange County

DESCRIPTION:

The Friendly Center senior program runs daily from 10:00 a.m. to 1:00 p.m. M - F. Seniors come in for a social hour and enjoy a hot lunch provided by the Feedback Foundation. After lunch, you can enjoy a game of Bingo.

FEES:

Donations accepted for meal

LANGUAGES SPOKEN:

English, Spanish

TRANSPORTATION TO SITE:

YES, depending on where you live.

LEGAL STATUS:

Non-profit

UNPUBLISHED:

NO

SERVICES:

Senior Centers

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - SOCIALIZATION

Welcome For The Elderly

P.O. Box 2067, Fullerton, CA 92837

(714) 738-5073

Cultural Centers

AREA SERVED:

Anaheim, Buena Park, Fullerton, Garden Grove

DESCRIPTION:

Welcome for the Elderly is an organization that provides charitable and public activities for the elderly of the Korean population. They provide assistance with applying for U.S. citizenship, registering to vote, and completing Medicare applications. They offer programs in traffic education, fall prevention, and health and nutrition.

ELIGIBILITY:

60 years and older

FEES:

Donation accepted

LANGUAGES SPOKEN:

English, Korean

SERVICE HOURS:

9:00 a.m. - 4:30 p.m. M - F

LEGAL STATUS:

Non-profit

SERVICES:

Cultural Enrichment

ORANGE COUNTY SERVICES

SERVICE PROVIDERS - SOCIALIZATION

Yorba Linda Recreation Dept. - Senior Citizens Center

4501 Casa Loma Ave., Yorba Linda, CA 92886-2886

(714) 961-7185

www.ci.yorba-linda.ca.us

Senior Centers and Clubs

AREA SERVED:

Orange County

DESCRIPTION:

Senior 55 and older have the opportunity to join in on a wide variety of activities, classes, and trips offered at the senior center. The Yorba Linda Community Senior Center is a great place to meet new people and to expand country line dancing, ballroom dancing, crafts, bridge, pinochle, yoga, golf, chorus, Mahjong, bowling, and a variety of other activities. A senior meal program is offered Monday through Friday.

SERVICE HOURS:

8:00 a.m. - 5:00 p.m. M - F

LEGAL STATUS:

City Agency

SERVICES:

Senior Centers

ORANGE COUNTY SERVICES

FOOD - FOOD PROVIDERS

Abrazar Senior Center

7101 Wyoming, Westminster, CA 92683

(714) 893-3581

Congregate Meals

AREA SERVED:

Orange County

DESCRIPTION:

The dining center provides mid-day meals to adults 60 and over as well as their spouses and/or dependent children of any age. Call the center for information on reservations, directions to site, and days/times of meal service.

FEES:

Donation suggested

ORANGE COUNTY SERVICES

FOOD - FOOD PROVIDERS

Dana Point Multi-Purpose Senior Center

34052 Del Obispo Rd., Dana Point, CA 92629

(949) 496-4252

Congregate Meals

AREA SERVED:

Orange County

DESCRIPTION:

The dining center provides mid-day meals to adults 60 and over as well as their spouses and/or dependent children of any age. Call the center for information on reservations, directions to site, and days/times of meal service.

FEES:

Donation suggested

ORANGE COUNTY SERVICES

FOOD - FOOD PROVIDERS

Buena Park Meals On Wheels

8150 Knott Ave., Buena Park, CA 90620

(714) 995-5826

Home Delivered Meals; Meals on Wheels

AREA SERVED:

Buena Park

DESCRIPTION:

Meals are delivered Monday through Friday to homebound residents of Buena Park. Cost is per meal. Diabetic meals are available.

ELIGIBILITY:

Services available to Buena Park homebound seniors.

FEES:

\$2.25 - \$2.40 for a hot meal and \$.75-\$1.25 for a snack meal

SERVICE HOURS:

Staff at site from 9:00 a.m. - 11:00 a.m. M - F

24-hour answering service available

ORANGE COUNTY SERVICES

FOOD - FOOD PROVIDERS

Feedback Foundation

1200 North Knollwood Cir., Anaheim, CA 92801-2801

(714) 226-0550

www.feedbackfoundation.org

Home Delivered Meals

AREA SERVED:

Anaheim, Buena Park, Fountain Valley, Orange, Santa Ana, Tustin, Villa Park.

DESCRIPTION:

The Home Delivered Meals Program provides breakfast, lunch, and dinner for homebound frail or disabled seniors. Three meals per day, five days per week, are delivered and are designed to meet 100% of the required daily nutrients for elderly individuals.

ELIGIBILITY:

60 years old and older.

FEES:

There is no charge but we do accept client donations. No one is ever turned away for inability to contribute.

LANGUAGES SPOKEN:

English, Spanish, Vietnamese

SERVICE HOURS:

Office: 8:00 a.m. - 5:00 p.m. M - F

Meals are delivered between 8:00 a.m. - 3:00 p.m. M - F

LEGAL STATUS:

Non-Profit

ORANGE COUNTY SERVICES

FOOD - FOOD PROVIDERS

First Lutheran Church

215 North Lemon, Fullerton, CA 92832

(714) 871-7820

Soup Kitchen

AREA SERVED:

Orange County

DESCRIPTION:

On Tuesday evenings at 6 p.m., First Lutheran Church serves a hot meal to anyone in need. The meal is free of cost.

SERVICE HOURS:

9:00 a.m. - 3:00 p.m. - Tuesday - Friday

SERVICES:

Soup Kitchens

ORANGE COUNTY SERVICES

FOOD - NUTRITION

California Dietetic Assn.

1046 North Tustin Ave., #O, Orange, CA 92867

(714) 538-5819

www.eatright.org

Health Services

AREA SERVED:

Orange County

DESCRIPTION:

The California Dietetic Association provides information and education on nutrition. They offer referrals to local Registered Dietitians (RD).

LEGAL STATUS:

Non-profit

SERVICES:

Health Supportive Services, Nutrition Education

ORANGE COUNTY SERVICES

FOOD - NUTRITION

Health Care Agency, Orange County

PUBLIC HEALTH AND MEDICAL SERVICES

Nutrition Services Program

1725 West 17th St., Santa Ana, CA 92706

(714) 834-7775

www.ochealthinfo.com

Nutrition Services Program

AREA SERVED:

Orange County

DESCRIPTION:

For access to reliable scientific information relating to nutrition and health. Provides information on questionable or unproven nutritional products and practices.

SERVICE HOURS:

8:00 a.m. - 5:00 p.m. M - F

ORANGE COUNTY SERVICES

TRANSPORTATION - PROVIDERS

American Cancer Society

1940 East Deere Ave., Suite 100, Santa Ana, CA 92705

(800) 227-2345 24hr. phone

(949) 261-9446

www.cancer.org

Transportation

AREA SERVED:

Orange County

DESCRIPTION:

Transportation for cancer patients for treatment within Orange County. Must be ambulatory.

ELIGIBILITY:

Cancer patients.

FEES:

Free, based on availability of volunteers.

SERVICE HOURS:

9:00 a.m. - 5:00 p.m. M-F

APPLICATION PROCESS:

Telephone for appointment.

SERVICES:

Disabled Transportation, Medical Transportation

ORANGE COUNTY SERVICES

TRANSPORTATION - PROVIDERS

Costa Mesa Senior Center

695 West 19th St., Costa Mesa, CA 92627

(949) 631-1632

Transportation

AREA SERVED:

Costa Mesa residents only or pick-up must be made in Costa Mesa.

DESCRIPTION:

Transportation to shopping and banking appointments within the city of Costa Mesa. Our vehicle is wheelchair accessible and we provide curb-to-curb transportation. Passengers in need of special assistance are allowed to bring an escort at no extra cost.

ELIGIBILITY:

Must be 55 or older and trip must start in Costa Mesa.

FEES:

Donation requested

LANGUAGES SPOKEN:

English, Spanish

SERVICE HOURS:

Appointments: 7:45 a.m. - 3:00 p.m. M-F, Transportation: 8:00 a.m. - 5:00 p.m. M-F

APPLICATION PROCESS:

Medical reservations require a 2 week advance notice. Same day reservation for all other transportation.

TRANSPORTATION TO SITE:

YES

SERVICES:

Disabled Transportation, Local Transportation, Medical Transportation

ORANGE COUNTY SERVICES

TRANSPORTATION - PROVIDERS

Huntington Beach Senior Outreach Center

1718 Orange Ave., Huntington Beach, CA 92648

(714) 960-2478

www.surfcity-hb.org

Transportation

AREA SERVED:

Huntington Beach

DESCRIPTION:

Transportation to medical appointments within Huntington Beach. Transportation for medical appointments to Fountain Valley Hospital in Fountain Valley, and Hoag Hospital in Newport Beach. Vehicles are wheelchair accessible. We provide curb-to-curb and door-to-door transportation. Passengers in need of special assistance are allowed to bring an escort at no extra cost.

ELIGIBILITY:

Seniors living in Huntington Beach age 60 and older, or 55 and older with a disability.

FEES:

Donation requested

LANGUAGES SPOKEN:

English, Spanish

SERVICE HOURS:

Appointment: 9:00 a.m. - 4:00 p.m. M-F, Transportation: 8:30 a.m. - 4:00 p.m. M-F

APPLICATION PROCESS:

Call for an appointment 5 days in advance.

SERVICES:

Disabled Transportation, Local Transportation, Medical Transportation

ORANGE COUNTY SERVICES

TRANSPORTATION - PROVIDERS

La Habra Shuttle

101 W. La Habra Blvd., La Habra, CA 90631

(866) 557-7433

Transportation

AREA SERVED:

Within 1/2 mile of La Habra city limits.

DESCRIPTION:

La Habra Shuttle provides transportation to medical appointments within 1/2 mile of city limits and to 3 area hospitals, Whittier Hospital, Brea Hospital, and St. Jude Hospital. Our vehicle is wheelchair accessible. Passengers in need of special assistance are allowed to bring an escort at no extra cost. We provide curb-to-curb transportation. Persons interested in our transportation services must register with the La Habra Senior Center before calling for transportation at 562-905-9708.

ELIGIBILITY:

Must be 65 or older, or disabled, and a La Habra resident.

FEES:

\$.50 each way

LANGUAGES SPOKEN:

English, Spanish

SERVICE HOURS:

Appointments: 7:30 a.m. - 4:30 p.m. M-F, Transportation: 7:30 a.m. - 4:00 p.m. M-F

APPLICATION PROCESS:

Call for transportation 2 days in advance.

SERVICES:

Disabled Transportation, Local Transportation, Medical Transportation

ORANGE COUNTY SERVICES

TRANSPORTATION - PROVIDERS

La Palma Recreation Dept. - Senior Citizens Club

7821 Walker St., La Palma, CA 90623

(714) 522-6740

Transportation

AREA SERVED:

Transportation for La Palma residents only within a 5 mile radius of the resident's home.

DESCRIPTION:

La Palma Recreation and Community Services provides general demand transportation for La Palma residents. Curb-to-curb service only. Wheelchairs are accommodated. 2 days advance notice preferred.

ELIGIBILITY:

La Palma residents only.

FEES:

\$.50 each way

SERVICE HOURS:

10:00 a.m. - 3:00 p.m. M - F; Closed holidays.

SERVICES:

Disabled Transportation, Local Transportation

ORANGE COUNTY SERVICES

TRANSPORTATION - PROVIDERS

Silver Shuttle

8200 Westminster Blvd., Westminster, CA 92683

(714) 895-2878

Transportation

AREA SERVED:

Westminster

DESCRIPTION:

The Silver Shuttle provides group transportation to local shopping centers in Westminster.

FEES:

No fee

SERVICE HOURS:

9:00 a.m. - 4:30 p.m. M - F

SERVICES:

Disabled Transportation, Local Transportation